

Neohumanist College of Asheville

Target Audience

- People inspired to make positive change in the world
- People committed to social equality, social and economic justice and sustainability
- People who are currently involved in social change initiatives, or doing work that enables them to apply the learnt skills directly into their environment
- People interested in developing universal spiritual and ethical values

Content

Every core module includes:

- Leadership content and practice
- Communication for raising consciousness and social change
- Neohumanist philosophy and intercultural competence
- Progressive socio-economic solutions
- An assessment tool and debrief
- Blended learning methods:
 - Online, independent learning (recordings, pre-reading, assignments etc)
 - 3-5 day live workshop (online or face to face)
- Individual, group and peer coaching/follow up
- Continued practice of interpersonal skills, service mindset, ethical and spiritual development

Purpose of each development level

Fundamentals

- •Development of self awareness, teamwork and social change values
- ·Laying the foundation for a spiritual/ethical base for leadership

Leading others

- •Development of team/group leadership skills and knowledge
- ·Skills for leading teams to envision, transform and implement ideas

Leading leaders

- •Development of skills for developing others
- ·Leading and introducing change at a systems level

Fundamentals

By the end of this level participants will:

- Have basic intercultural awareness, and knowledge of how they interact with others based on an assessment tool
- Understand how knowledge is formed and what basis Neohumanist values and Prout are derived from
- Be able to use feedback and conflict management tools
- Have basic teamwork skills
- Understand basic concepts of spirituality and how it is expressed practically in a leadership context
- Have a basic orientation to implementing social change locally, and social change values
- Be able to make leadership decisions using a spiritual-ethical base (values-based decision making)

Leading others

By the end of this module participants will:

- Develop basic task, organisation and planning related skills for effective achievement of goals
- Be able to use relational skills such as listening, communication and networking for leadership effectiveness
- Develop knowledge of applicable leadership models
- Have an understanding and basic practice of change management skills including influencing others and personal transformation
- Take an assessment for leadership decision making in complex environments
- Be able to develop vision and use story/metaphor in leadership contexts
- Be able to turn ideas into projects, including selecting teams
- Learn how to become more effective leaders via 360-degree feedback on their leadership style

Leading Leaders

By the end of this module participants will:

- Have basic skills in coaching and developing others and understand the nuances of leading leaders
- Understand what brings psychological safety in people and teams
- Understand how to analyse social systems and to bring systems level change in society
- Be able to use strategic foresight tools and develop VUCA skills further
- Develop skills for public communication to inform, raise consciousness, organize, and mobilize organisations, communities, and society in general
- Build rational and creative skills such as critical thinking, how to create innovative environments etc
- Understand what moral and spiritual intelligence is and how to develop it in a leadership context

CURRICULUM

Level	Core programs (20 weeks per module)				Electives (Short cours 3–5 days)
Leading leaders 4 core + 2 electives	Unlearn and create - LRJA* - Critical thinking and reflection - Systems thinking - Humility & creativity	Coach - Safe2great* - Coaching basics - Creating psychological safety	Influence - Advanced conflict resolution* - Communication and media skills - Creating and changing culture	Foresight - LDMA* - Spiritual intelligence - Strategic foresight tools - Social cycles	 Conflict resolution Strategic foresight tools Activism Lobbying and influencing Starting cooperative
Leading others 4 core + 2 electives	Relating - Global DISC* - Emotional intelligence - Servant leadership - Situational leadership - Networking	Organising - Safe2great* - Project leadership - Planning and organizing systems - Holding others accountable - Healthy boundaries	Transforming - LDMA* - Personal change and healing - Influencing others - Neohumanist development	Vision - SAfe2great* - Transformational leadership - Narrative transformation - Implementing vision	businesses Inclusion and diversity Macrohistory and social change Emotional hygiene Psychological resilience Entrepreneurship Agile planning Public speaking Media relations Communication for social
Fundamentals 4 core + 2 electives	Self - Global DISC* - Neo-humanist values and the formation of knowledge - Feedback skills - Spiritual Leadership	Team - Team Dynamics/group psychology - Conflict resolution* - Biopsychology of cooperation	Community - Local economy - Social equality - Developing common purpose* - Civic structures and power	Ethics - Values based decision making - Ethics and values* - Causal Layered Analysis - Authentic leadership	change - Starting social change movements - etc

Pedagogical philosophy/approaches

- Action learning (practice and reflection-based learning loops to seek the answers to real life problems)
- Neohumanist education (unlocking what is already within rather than a deficit model;
 the role of power structures in education)
- Adult learning principles (flexibility, self-paced elements, self-directed elements, relevance etc)
- Facilitator/student coaching and peer to peer coaching